



CAPITAL AREA  
STAFFING SOLUTIONS



BANGOR AREA  
STAFFING SOLUTIONS



**TIME CHANGE COMING UP...**  
**MARCH 12, 2023 AT 2AM**

*March 3rd*  
**20th**  
*Anniversary*

CELEBRATING  
 20 YEARS  
 IN BUSINESS

### FIELD EMPLOYEES

#### IMPORTANT TIMECARD NOTICE

Please remember to submit your time card no later than Friday afternoon. If you are working a weekend shift, please submit no later than 8am Monday morning.

#### If you have upcoming plans that require time off from work:

Please be sure to notify us as soon as possible! The sooner we know, the

### *A Milestone Anniversary!!*

*On March 3, 2003 we began a journey - never truly anticipating the level of growth we have experienced or how our organization would change over the years...  
 On March 3, 2023 we will*

better we (and our Clients) will be able to prepare for your absence.



Many of these jobs are **permanent**, either Direct Hire or Contract to Hire! You can find our full listings for both offices by clicking [here!](#)

### Augusta Area

- Forensic Accountant - Waterville
- Part-time Bookkeeper - Augusta
- Payroll Specialist - Auburn
- Staff Accountant - Augusta
- Staff Bookkeeper- Auburn
- Dispatcher - Belfast, Rockland, Bath
- Part-time Office Asst. - Augusta
- Pension Associate - Augusta
- Receptionist - Augusta
- Mold Removal Associate - Augusta
- IT Tech - Augusta
- Technical Support Admin. - Augusta
- Custodian - Readfield
- Machinist - Augusta
- Packer/Inspector - Wilton
- Inventory Control Coord. - Augusta

### Bangor Area

- Forklift Operator/Warehouse - Old Town
- Cabinet/Bench Carpenter - Bangor
- Paralegal/Legal Assistant - Hampden
- Business Function Administrator - Greater Ellsworth Area
- Front Desk Receptionist - Ellsworth
- A/R Billing - Holden & Ellsworth
- Restoration Cleaner - Hampden
- Director of Dietary Food Services - Ellsworth
- Certified Dental Assistant - Bangor
- Dental Hygienist - Bangor
- Production Line Supervisor - Old Town
- Evening Janitorial - Bangor
- IT Tech - Augusta

*celebrate 20 years in business! None of this would have been possible without our amazing Team. We wish to send a special **THANK YOU** to all our Employees and Clients, past and present! Your trust in our abilities to positively impact your lives and livelihoods, and your efforts on our behalf, have made this milestone anniversary possible! We are humbled and grateful to you all!*

### Dates and Fun Facts for March

- March 8th - International Women's Day
- March 12th - Daylight Savings Time Starts
- March 15th - The Ides of March
- March 17th - St. Patrick's Day
- March 20th - First day of Spring
- March 22nd - Ramadan

#### **What are The Ides of March?**

The Ides of March is the 74th day in the Roman calendar, corresponding to 15 March. It was marked by several religious observances and was notable in Rome as a deadline for settling debts. In 44 BC, it became notorious as the date of the assassination of Julius Caesar, which made the Ides of March a turning point in Roman history.

## CONGRATULATIONS!

Please join us in congratulating the following Field Employees, who were hired on with our Clients in February!

- ~ Daina Ashley
- ~ Mason Peterson
- ~ Mason Therrien
- ~ Jessica Ashe
- ~ Bridget Dooey
- ~ Janel Hewes
- ~ Suzanne Doiron
- ~ Kris Donovan



### St. Patrick's Day Trivia

St. Patrick's Day celebrates the life of Saint Patrick—the patron saint of Ireland. This influential missionary has been credited with bringing Christianity to Ireland. St. Patrick's Day takes place on March 17 each year because St. Patrick's death is believed to have been on March 17, 461. The Church began observing a special feast to honor him on this day starting in 1631.

**1. Question: What's another name for St. Patrick's Day?**

Answer: The Feast of Saint Patrick.

**2. Question: Where was Saint Patrick actually born?**

Answer: Roman Britain (What is now either England, Scotland or Wales).

**3. Question: How many hours does the NYC St. Patrick's Day parade take?**

Answer: Over five hours.

**4. Question: How many pounds of green vegetable dye are now used to turn the Chicago River green?**

**MARCH IS:  
NATIONAL  
NUTRITION  
MONTH**

**eat your veggies!**



### Zucchini Nachos (Zachos)

#### Ingredients

- 3 large zucchini, sliced into 1/2" rounds

Answer: 40 pounds.

**5. Question: What do some historians believe was St. Patrick's real name?**

Answer: Maewyn Succat.

**6. Question: According to legend, what happened during one of St. Patrick's sermons on the Irish hillside?**

Answer: Legend has it that while he was speaking, all of the snakes were driven out into the sea.

**7. Question: What color was originally associated with St. Patrick?**

Answer: Blue.

**8. Question: According to legend, what did St. Patrick use to describe the Holy Trinity?**

Answer: The shamrock.

**9. Question: What is another term used for Ireland?**

Answer: "The Emerald Isle."

**10. Question: What does St. Patrick's name mean?**

Answer: "Patricius," or "Patrick," comes from the Latin term for "father figure."

Source: Parade.com



- 1 tsp. cumin
- 1/4 tsp. chili powder
- 1/4 tsp. smoked paprika
- kosher salt
- Freshly ground black pepper
- 1 1/2 c. shredded cooked chicken
- 1 c. Shredded Monterey Jack
- 1/2 red onion, chopped
- 1 avocado, cubed
- Pico de Gallo
- Pickled jalapeños

### Directions

1. Preheat oven to 400°. Place sliced zucchini on a large baking sheet in a single layer. Toss with olive oil, cumin, chili powder and paprika then season with salt and pepper. Bake until slightly tender, 5 minutes.
2. Keep zucchini rounds on the baking sheet and top with shredded chicken, monterey jack and red onion. Bake until the cheese is melty and the chicken is warmed through, about 10 more minutes.
3. Top zucchini nachos with avocado, pico de gallo and pickled jalapeños.

Source: Delish.com

# Capital Area Staffing Solutions Bangor Area Staffing Solutions

~The People You Trust~

~The Jobs You Want ~

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