



CAPITAL AREA
STAFFING SOLUTIONS



BANGOR AREA
STAFFING SOLUTIONS



May 2023

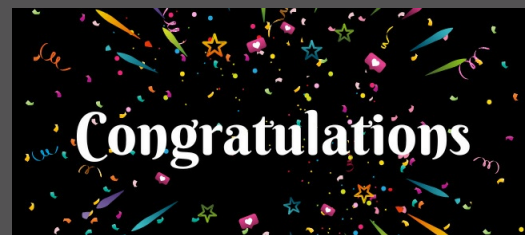
Field Employees

Our offices will be closed on Monday, May 29th in honor of Memorial Day.

IMPORTANT TIMECARD NOTICE

As always, please remember to submit your time card no later than Friday afternoon, unless you are working a weekend shift. In that case, please e-mail/fax no later than 8am Monday morning.

With SUMMER months fast approaching, if you have vacation plans that require time off from work, please be sure to notify us as soon as possible! The sooner we know, the better we (and our Clients) will be able to prepare for



Congratulations

Please join us in congratulating the following Field Employee, who was hired by our Client in April!

~ Joshua Snowman

May Dates & Fun Facts

- May 1 is May Day. Mark the return of spring by bringing in branches of forsythia, lilacs, or other flowering shrubs from your region. May Day is also "Lei Day" in Hawaii. Leis are garlands or wreaths that

your absence.



Of all the special joys in life,
The big ones and the small,
A mother's love and tenderness
Is the greatest of them all.

~ Anonymous



SO MANY CAREER OPPORTUNITIES!

Please visit our website at
CapitalAreaStaffing.com
for a list of all current openings!

Augusta

Concession Attendant
Reception/Office Asst.
Inspector/Packer
Technical Support Administrator
Machinist
Pension Associate
Survivor Services
Administrative Asst.
Custodian
Bookkeeper
Medical Reception
Payroll Clerk
Mold Removal Assoc.
Dispatcher

Bangor

Property Maintenance

are often made with native
Hawaiian flowers such
as plumeria. Nowadays, they
are given as a symbol of
greeting, farewell, affection,
celebration, or honor, in the
spirit of aloha.

- May 5 is Cinco de Mayo ("The Fifth of May"). This day celebrates the victory of the Mexican army over the French army at The Battle of Puebla in 1862.
- May 14 is Mother's Day – don't forget! Do you have something planned to show appreciation for your mother? Learn about the history of Mother's Day.
- May 20 is Armed Forces Day, which honors those who serve in all branches of the United States military.
- May 29 is Memorial Day – a poignant reminder of the tenacity of life. It's tradition to raise the flag on this day; know how to fly your American flag properly.

Visit this link for more information:

[Do's and don'ts for displaying Old Glory](#)

May's birthstone is the Emerald and the birth flowers are the Hawthorn and the Lily-of-the-Valley.



American Macaroni Salad

Ingredients:

Property Maintenance Manager
Front Desk Receipt/Admin Asst
A/R Billing
Assistant Controller
Market Area Controller
Retail General Manager
Manufacturing Associate
Certified Dental Assistant
Dental Hygienist
Production Line Supervisor
Sr. Accountant
Forklift Operator/Warehouse
Payroll Specialist/HR Asst
Paralegal/Legal Asst
Business Office Manager
Evening Janitorial
Hardscape/Landscape
Cook



What's the Difference between Memorial Day and Veterans' Day?

Memorial Day commemorates the men and women who died while in the military service of their country, particularly those who died in battle or as a result of wounds sustained in battle. We spend time remembering those who lost their lives and could not come home, reflecting on their service and why we have the luxury and freedom that we enjoy today. We might consider how we can support and safeguard their grieving families and loved ones who are left behind.

- 2C dry elbow macaroni; cooked, rinsed, & drained
- 1/3 C diced celery
- 1/4 C minced red onion, soaked in cold water 5 min., drained
- 1T minced flat-leaf parsley
- 1/2 C diced, vine-ripened tomato (optional)
- 3/4 teaspoon dry mustard
- 1 1/2 teaspoons sugar
- 1 1/2 tablespoons cider vinegar
- 3T sour cream
- 1/2 t kosher salt, plus more to taste
- Freshly ground black pepper

In a large bowl, combine the macaroni, celery, onion, parsley and tomato, if using. In a small bowl, whisk together the mayonnaise, mustard, sugar, vinegar, sour cream and salt. Pour the dressing over the salad and stir to combine. Season with salt and pepper to taste. Serve. Store covered in the refrigerator, for up to 3 days.



Veterans' Day is the day set aside to thank and honor ALL who served –in wartime or peacetime– regardless of whether they died or survived. Veterans Day is always observed officially on November 11, regardless of the day of the week on which it falls.

“Whatever you do,
always give 100%.
Unless you're
donating blood.”

BILL MURRAY

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Capital Area Staffing Solutions, Inc.
Bangor Area Staffing Solutions
~Your Partners in Staffing~



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